



Sustainable Construction Strategies for Enhancing the Durability of Concrete Structures in Coastal South-South Nigeria: A Comparative Review of Global Best Practices and Material Innovations

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ABSTRACT

Concrete structures in coastal regions of South-South Nigeria are increasingly threatened by weather-induced deterioration caused by high humidity, salt-laden winds, frequent rainfall, and aggressive marine conditions. This paper investigates sustainable construction strategies and material innovations to enhance the durability of concrete buildings in these environments. Drawing on a comprehensive review of global best practices from the Netherlands, Japan, the USA, and Australia, the study examines the applicability of high-performance concrete (HPC), geopolymer concrete (GPC), self-healing concrete, and corrosion-resistant reinforcement in mitigating structural degradation. The methodology involved comparative literature synthesis and contextual evaluation of international case studies relative to Nigeria's coastal climate. Findings reveal that integrating advanced concrete technologies with climate-responsive designs such as elevated foundations, passive ventilation, and waterproofing systems significantly improves structural longevity and reduces maintenance costs. The study recommends revising national building codes to incorporate these sustainable practices, investing in pilot projects using innovative materials, and promoting industry academic collaboration. This research contributes to advancing sustainable construction in tropical coastal environments by bridging global innovations with local challenges in Nigeria's built environment.

Keywords. Sustainable, construction, concrete, durability, Concrete Structures

INTRODUCTION

Concrete remains the most widely used construction material globally due to its versatility, structural performance, and availability (Mehta and Monteiro, 2021). However, its durability is significantly compromised when exposed to harsh environmental conditions, especially in coastal regions. In South-South Nigeria, cities such as Port Harcourt, Warri, Uyo, and Calabar are characterized by high humidity, intense rainfall, salt-laden air, and significant temperature fluctuations. These climatic factors contribute to rapid deterioration of concrete structures, leading to cracking, spalling, reinforcement corrosion, and eventual structural failure (Omorieg and Udeaja, 2020; Adewuyi and Ola, 2020). High humidity facilitates continuous moisture absorption, which fosters chemical reactions such as alkali-silica reaction (ASR), corrosion of embedded steel, and sulphate attack. Heavy rainfall intensifies water ingress, reduces concrete strength through leaching, and promotes efflorescence and surface erosion (Neville, 2011). Saltwater intrusion and chloride ions, common in low-lying coastal areas, accelerate reinforcement corrosion, while daily and seasonal temperature fluctuations induce thermal expansion and contraction, leading to cracking and degradation of structural integrity (Akinpelu et al.,

2019; Olawuyi and Olusola, 2019). The implications of these weather-induced stresses are particularly severe in South-South Nigeria, where poorly maintained infrastructure, substandard materials, and inadequate design strategies compound the effects of environmental exposure. Case studies from Port Harcourt, Yenagoa, Calabar, and Warri reveal structural failures in buildings, bridges, and coastal terminals due to environmental impacts such as flooding, coastal erosion, and thermal cracking (Nwankwoala, 2020; Eze *et al.*, 2021).

These failures underline the urgent need to reassess traditional construction methods and materials in favour of more resilient and sustainable alternatives. Globally, countries facing similar environmental challenges have adopted advanced construction strategies and materials to improve concrete durability. In the Netherlands, self-healing concrete and cathodic protection are employed in sea defences (Shanmugapriya & Santhi, 2022), while in Japan and Australia, fibre-reinforced and geopolymer concretes are widely used in marine and coastal infrastructure (Hardjito and Rangan, 2021). Florida, USA, integrates elevated foundations and impact-resistant concrete in hurricane-prone coastal buildings (Ghosh and Ghosh, 2021). These strategies offer valuable lessons that can be adapted to the Nigerian context. In South-South Nigeria, integrating sustainable construction strategies such as high-performance concrete (HPC), self-healing concrete, geopolymer concrete, and corrosion-resistant reinforcements can enhance structural longevity, reduce maintenance costs, and promote environmental sustainability. These approaches align with recent scholarly efforts to advocate nature-based, resilient, and performance-oriented design strategies for tropical environments (Mfon, 2024). Particularly, the use of bio-integrated or eco-sensitive materials in architectural practice has been emphasized as a critical step toward sustainable infrastructure development in humid coastal regions (Mfon, 2025).

This study therefore undertakes a comprehensive review of sustainable construction strategies and materials that can mitigate weather-induced deterioration of concrete structures in South-South Nigeria. It draws insights from global best practices and evaluates the feasibility of implementing these innovations within the local context. The paper aims to inform policy, research, and practice by proposing context-specific recommendations for climate-resilient construction in Nigeria's coastal built environment.

LITERATURE REVIEW

Concrete is the most widely used construction material globally, yet its long-term durability is increasingly threatened by environmental stressors, especially in coastal regions (Neville, 2011). The coastal zone of South-South Nigeria, characterized by high humidity, intense rainfall, saltwater intrusion, and temperature fluctuations, presents a unique set of challenges that accelerate the deterioration of concrete structures. This literature review presents a multi-dimensional analysis of these climatic stressors, explores material and design-based mitigation strategies, and evaluates global best practices relevant to the Nigerian context.

Environmental Stressors Affecting Concrete Durability in Coastal Regions. In humid tropical climates like South-South Nigeria, high relative humidity and prolonged rainfall promote water ingress and chemical reactions within the concrete matrix. According to Mehta and Monteiro (2014), when the relative humidity exceeds 80%, concrete experiences sustained pore saturation, which increases internal moisture content and reduces the rate of drying shrinkage. However, this creates a conducive environment for deleterious reactions such as alkali-silica reaction (ASR), sulphate attack, and chloride-induced corrosion. These mechanisms lead to cracking, reinforcement degradation, and eventual structural failure. Omoregie and Udeaja (2020) highlighted that buildings in coastal Nigeria show early signs of distress due to a combination of marine aerosol exposure and poor drainage systems. Their work underscores the relationship between environmental exposure and the performance decline of reinforced concrete. Additionally, fluctuating temperatures induce thermal expansion and contraction

cycles that lead to microcracking and delamination (Neville, 2011). In the absence of expansion joints or thermal-resistant mixes, these stresses accumulate, resulting in visible structural defects.

Effects of Rainfall, Saltwater Intrusion, and Chloride Penetration. Heavy rainfall affects both freshly placed and hardened concrete. During casting, an increased water-to-cement ratio compromises the compressive strength and densification of concrete (Adewuyi and Ola, 2020). Over time, continuous exposure to acidic and saline rainwater leaches calcium hydroxide from hardened concrete, weakening its matrix (Mehta and Monteiro, 2014). Chloride ingress, largely from salt spray or saline groundwater, is particularly hazardous as it accelerates steel reinforcement corrosion, especially when the concrete is permeable or cracked. Akinpelu *et al.* (2019) conducted field studies in Rivers and Bayelsa States and confirmed the presence of chloride-induced corrosion in infrastructure built less than 15 years prior. The authors reported spalling, reduced load capacity, and shortened service life in numerous government and residential buildings.

Global Best Practices for Enhancing Concrete Durability in Coastal Zones. Lessons from international contexts provide important precedents for mitigating environmental damage to concrete structures. In the Netherlands, the Delta Works Project employed self-healing concrete and cathodic protection in marine dike systems, extending service life while reducing maintenance (Shanmugapriya and Santhi, 2022). In Japan, seismic and coastal infrastructure routinely use fibre-reinforced and geopolymer concrete to combat typhoons and saline intrusion. Similarly, Florida's hurricane-prone coastal housing features elevated foundations, impact-resistant concrete, and integral waterproofing systems (Ghosh and Ghosh, 2021). These examples demonstrate the effectiveness of combining structural design adaptations with innovative materials. The strategic use of waterproofing membranes, silane-based surface sealers, and corrosion-resistant rebars contributes to enhanced durability. The success of these techniques underscores the need for localized adaptation in Nigeria, taking into account the region's economic, environmental, and technological context.

Material Innovations for Weather-Resistant Concrete. Material-based innovations play a crucial role in addressing the complex interplay of environmental stressors in tropical coastal regions. High-performance concrete (HPC), which integrates pozzolanic materials like silica fume, fly ash, and slag, improves resistance to chloride ingress and carbonation (Shi *et al.*, 2017). This was further validated by Ifiok *et al.*, (2024), where the importance of integrating bio-based additives and pozzolans into African concrete mixes was emphasized as a means to enhance performance in hot-humid climates. Self-healing concrete is another frontier innovation. Jonkers (2020) demonstrated that bacterial-based self-healing concrete significantly reduces crack propagation and permeability. Such concrete is capable of autogenously sealing cracks upon exposure to moisture, making it ideal for environments with high rainfall and fluctuating water tables, such as those in South-South Nigeria. Geopolymer concrete (GPC), a low-carbon alternative to Ordinary Portland Cement (OPC), has gained global attention due to its superior chemical resistance and environmental sustainability (Davidovits, 2017). Applications of GPC in Australia and the UAE have shown promising results in coastal infrastructure, with improved durability against sulphate and chloride attack (Hardjito and Rangan, 2021).

Corrosion-Resistant Reinforcement Technologies. The durability of reinforced concrete in coastal environments is contingent on the ability of the reinforcement to resist chloride-induced corrosion. Epoxy-coated and galvanized rebars have demonstrated effectiveness in marine infrastructure in the USA and Canada (Etuonovbe, 2019). Similarly, fibre-reinforced polymer (FRP) bars offer non-corrosive, lightweight alternatives for long-span bridges and decks, although cost remains a barrier to wide-scale adoption in developing countries. Cathodic protection, while expensive, has been implemented successfully in marine piers and offshore platforms globally (Eze *et al.*, 2021). This technique involves the use of sacrificial anodes or impressed current systems to prevent electrochemical corrosion of steel reinforcement. These methods could be selectively applied in Nigeria to safeguard critical infrastructure such as coastal bridges and jetties.

Adaptation of Climate-Responsive Design Strategies. Beyond materials, climate-adaptive design is essential for extending the service life of concrete buildings. Elevated foundations reduce flood damage, especially in the Niger Delta region, where rising water tables and seasonal flooding are persistent issues (Nwankwoala, 2020). Proper drainage systems, passive ventilation, and thermal shading devices further minimize moisture accumulation and reduce internal thermal stress (Adegbite *et al.*, 2019). In the study by Ifio Enobong Mfon titled “*Biomimicry as a Framework for Net-Zero Energy Architecture in Tropical Climates*” (IJSREES 2025), the integration of nature-inspired climate-adaptive design strategies was shown to improve both energy efficiency and material longevity in buildings located in hot-humid regions. The principles outlined in this work reinforce the need for a holistic design approach that blends performance-driven form with contextual responsiveness.

Challenges and Opportunities for Local Implementation. While the global literature presents a compelling case for advanced materials and systems, several barriers exist for local adoption in South-South Nigeria. These include high initial costs, limited technical capacity, lack of standardization, and poor enforcement of building codes (Ogunbiyi *et al.*, 2021). Nonetheless, opportunities exist in public-private partnerships, government policy reform, and academia-industry collaboration to facilitate the transition to sustainable concrete construction. Furthermore, the integration of indigenous knowledge with modern technology can yield context-appropriate solutions. For instance, incorporating natural fibres, coconut shells, or bamboo into concrete mixtures, as explored in experimental studies across West Africa, can enhance resilience while maintaining affordability (Adewuyi and Ola, 2020).

Conclusion of Literature Review

The reviewed literature establishes that the durability of concrete in coastal South-South Nigeria is critically threatened by climatic variables. However, international best practices in material innovation, reinforcement technologies, and design strategies provide a framework for adaptation. Notably, the integration of HPC, GPC, self-healing concrete, and corrosion-resistant reinforcement combined with climate-responsive architectural design—offers a resilient construction model for coastal regions. The works of Mfon (2024, 2025) further emphasize the contextual relevance of bio-integrated and nature-inspired materials for sustainable architectural performance in Africa.

RESEARCH METHODOLOGY

This study adopted a qualitative and comparative research design to investigate sustainable construction strategies and materials that enhance the durability of concrete structures in coastal South-South Nigeria. The methodology integrates a systematic review of scholarly literature, global best practices, and contextual analysis to identify effective interventions for mitigating weather-induced deterioration in coastal concrete infrastructure.

Research Design

A **comparative review approach** was employed to draw parallels between construction practices in South-South Nigeria and selected global coastal regions namely Florida (USA), the Netherlands, Japan, and Australia. These regions were selected due to their documented experiences with similar environmental stressors such as salt-laden air, high humidity, cyclones, and sea-level rise (Ghosh and Ghosh, 2021; Hardjito and Rangan, 2021; Jonkers, 2020). The study also relied on a descriptive research design to analyse the effectiveness, adaptability, and limitations of advanced construction materials such as high-performance concrete (HPC), geopolymers concrete (GPC), and self-healing concrete as well as reinforcement protection systems in these environments. This enabled the development of tailored recommendations for the Nigerian context based on evidence from both international case studies and regional needs.

Data Collection Methods. The study utilized **secondary data sources**, including:

- Peer-reviewed journal articles from databases such as *ScienceDirect*, *Scopus*, *JSTOR*, and *Google Scholar*.
- Technical reports and infrastructure design guidelines from international agencies.
- Policy documents and environmental reports relevant to South-South Nigeria's construction sector.
- Authoritative works by Mfon (2024, 2025), which discuss bio-integrated materials and nature-inspired performance strategies in tropical African architecture.

The selection criteria for literature included:

- Studies published between 2000 and 2024.
- Focus on concrete durability, sustainable materials, and climate resilience in coastal zones.
- Emphasis on practical implementation and real-world case studies.

A total of **47 primary and secondary sources** were reviewed to establish empirical support for the research objectives.

Comparative Case Study Framework. Four countries USA (Florida), the Netherlands, Japan, and Australia were analyzed as benchmark regions. The comparative framework was structured to evaluate:

- Climate-specific challenges in each region.
- Structural and material responses (e.g., HPC, cathodic protection).
- Implementation barriers (e.g., cost, technological constraints).
- Relevance and adaptability to South-South Nigeria.

Each region was examined using a uniform matrix that documented the construction strategy, materials used, observed outcomes, and lessons applicable to Nigeria (see Literature Review).

Data Analysis Procedure. The data was analysed using content analysis and thematic categorization. Themes were grouped under:

1. Environmental impacts on concrete degradation.
2. Performance of advanced concrete materials.
3. Effectiveness of corrosion-resistance strategies.
4. Applicability of global practices to South-South Nigeria.

Patterns and gaps were identified through cross-comparison of global strategies and local construction challenges. This thematic synthesis informed the formulation of context-specific recommendations.

Validation and Reliability. To ensure the validity of the comparative insights:

- Triangulation of multiple data sources (literature, reports, and technical case studies) was used.
- Peer-reviewed sources and high-impact journals ensured content credibility.
- Regional applicability was cross-verified using studies focused on Nigeria (e.g., Omoregie and Udejaja, 2020; Etuonovbe, 2019; Mfon, 2025).

RESULTS AND DISCUSSION

The findings of this study are derived from a comprehensive analysis of secondary data on construction techniques, material innovations, and climate-responsive strategies in both South-South Nigeria and comparable coastal regions globally. The results are presented under four major thematic areas: (1) Environmental challenges and structural impacts, (2) Material performance and durability, (3) Adoption of reinforcement protection technologies, and (4) Lessons from global best practices for local application.

Environmental Challenges and Structural Impacts in Coastal South-South Nigeria. Concrete structures in coastal South-South Nigeria are regularly exposed to aggressive environmental conditions, including high humidity, heavy rainfall, salt spray, and fluctuating temperatures. These lead to widespread issues such as:

- **Corrosion of steel reinforcement**, especially in exposed or poorly protected concrete elements (Omoregie and Udeaja, 2020).
- **Spalling and cracking**, particularly in marine and low-lying structures due to continuous wet-dry cycles.
- **Premature deterioration of structural joints**, often due to inadequate waterproofing and expansion provisions.

The study confirms that these climatic stressors are similar to those experienced in other global coastal regions, but Nigeria lags in the systematic adoption of climate-responsive building solutions.

Performance of Sustainable Concrete Materials. A comparative review of high-performance materials shows significant potential for enhancing structural durability in coastal environments:

Material	Observed Performance	Global Applications	Implications for Nigeria
High-Performance Concrete (HPC)	Exhibits improved resistance to chloride penetration, reduced permeability, and high compressive strength	Widely used in bridges and marine structures in the high USA and Japan (Shi et al., 2017)	Ideal for bridge decks, seawalls, and high-humidity zones in Nigeria
Self-Healing Concrete	Seals microcracks upon moisture exposure, delaying deterioration and minimizing maintenance	Used in marine dikes in the Netherlands and tunnels in Singapore (Jonkers, 2020)	Suitable for low-access zones like basements and underwater foundations
Geopolymer Concrete (GPC)	Highly resistant to saltwater intrusion and alkali-silica reaction; significantly reduces CO ₂ emissions	Applied in Australia and the Middle East for coastal highways (Hardjito & Rangan, 2021)	Offers eco-friendly, durable alternatives for marine infrastructure in Nigeria

Although local implementation remains limited, these materials have demonstrated superior durability and sustainability in comparable environmental conditions. Their integration into Nigeria's building industry can significantly prolong the life span of concrete structures.

Adoption of Corrosion-Resistant Reinforcement Technologies

The study reveals a stark contrast between Nigeria and the benchmark countries in the application of reinforcement protection strategies:

Technique	Global Use	Current Status in South-South Nigeria	Recommendation
Epoxy-Coated Rebars	Widely used in USA, Canada, and Australia	Rarely adopted due to cost and supply chain issues	Targeted use in marine zones and bridges
Fiber-Reinforced Polymer (FRP) Rebars	Adopted in Australia and the UAE	Not yet commercialized locally	Pilot testing in critical infrastructure
Cathodic Protection	Common in sea walls and offshore platforms in Japan and the Netherlands	Almost entirely absent in local practice	Policy support and technical training needed

These results highlight the urgent need for investment in corrosion-resistant reinforcements, especially for infrastructure near the coast or in permanent contact with saline water.

Comparative Global Insights and Adaptation Potential

Lessons drawn from global best practices demonstrate successful strategies that can be adapted to Nigeria's environmental context:

- Florida, USA: Elevated foundations and hurricane-resistant concrete have helped mitigate flood and storm damage. Similar flood-resilient strategies are applicable to the Niger Delta and riverine towns (Ghosh and Ghosh, 2021).
- Japan: Integration of fiber-reinforced concrete and corrosion-resistant steel improves structural performance in typhoon-exposed areas. Though earthquakes are less relevant in Nigeria, similar wind-resistant solutions are applicable (Jonkers, 2020).
- The Netherlands: Use of self-healing concrete and cathodic protection in dikes reduces maintenance frequency. These could be adapted for Nigeria's waterfront Défense systems (Shanmugapriya and Santhi, 2022).
- Australia: GPC's application in coastal highways demonstrates its thermal stability and chloride resistance. This makes it a strong candidate for Nigeria's road infrastructure in coastal cities (Hardjito and Rangan, 2021).

These insights show that although contextual adaptations are necessary, proven strategies from these regions can be successfully localized in Nigeria with supportive policy, capacity development, and material supply chains.

Discussion

This study aimed to synthesize global best practices and assess their applicability to enhancing the resilience of concrete structures in coastal South-South Nigeria. The findings indicate that while environmental challenges in this region are comparable to those in other coastal areas around the world, the level of adaptation in construction strategies and materials remains limited. The discussion draws on key thematic areas, including environmental exposure, material innovation, reinforcement protection, and climate-adaptive design, to outline critical considerations and implications for practice.

Adapting to Severe Coastal Environmental Conditions. The analysis reaffirms that coastal South-South Nigeria experiences some of the most aggressive environmental conditions saltwater intrusion, high rainfall, humidity, and temperature fluctuations all of which exacerbate concrete deterioration. These factors accelerate steel reinforcement corrosion and induce cracking, leading to structural instability and reduced lifespan (Omoregie and Udeaja, 2020). While these challenges are not unique to Nigeria, their impact is exacerbated by the absence of a coordinated adaptation framework or material performance standards tailored to the coastal climate. For instance, the Netherlands and Florida have developed strict codes and institutional strategies for building in flood-prone zones, including elevation mandates and material specifications (Ghosh and Ghosh, 2021). Similar interventions are largely missing in Nigeria, pointing to a gap not of knowledge but of implementation and governance.

Material Innovation as a Pillar of Sustainable Durability. The discussion underscores the transformative potential of innovative materials particularly HPC, self-healing concrete, and geopolymer concrete (GPC) in addressing the problem of structural degradation.

- **High-Performance Concrete (HPC)** has been shown to significantly reduce permeability and increase strength in chloride-rich environments. The success of HPC in marine infrastructure in Japan and the USA (Shi *et al.*, 2017) suggests that its broader application in Nigeria's bridges, piers, and coastal buildings could lead to longer-lasting and lower-maintenance structures.
- **Self-Healing Concrete**, with its ability to autonomously repair microcracks, presents a paradigm shift in the lifecycle management of concrete. It is especially suited for inaccessible or submerged elements, where manual repairs are difficult or costly (Jonkers, 2020).
- **Geopolymer Concrete (GPC)** provides dual advantages: environmental sustainability and improved resistance to chemical and salt-induced degradation. This positions it as a viable replacement for Portland cement in sensitive coastal ecosystems (Davidovits, 2017; Hardjito and Rangan, 2021).

Despite the promise of these materials, adoption in South-South Nigeria remains minimal. This may be attributed to the lack of technical awareness, limited industrial-scale availability, and higher upfront costs. However, considering their long-term benefits in durability, maintenance, and environmental impact, these materials should be progressively integrated into national building standards and pilot infrastructure projects.

Corrosion Mitigation: Bridging the Reinforcement Gap. Reinforcement corrosion remains the most critical cause of structural failure in coastal environments (Etuonovbe, 2019). Epoxy-coated steel and fibre-reinforced polymer (FRP) rebars, commonly used in countries like the USA, Japan, and Australia, offer effective protection against chloride-induced corrosion. The fact that these technologies are underutilized in South-South Nigeria suggests a missed opportunity to extend the life expectancy of vital infrastructure. Cathodic protection, although more technologically intensive, has proven highly effective in marine and offshore facilities in the Netherlands and Japan. Its potential for application in Nigeria—especially in jetties, ports, and sea Défense walls—warrants further exploration and training among engineers and contractors.

Integration of Climate-Responsive Design Principles. Beyond materials, the design of buildings and infrastructure plays a critical role in climate resilience. As demonstrated in Florida and the Netherlands, elevated foundations, proper drainage systems, building orientation, and passive ventilation significantly reduce moisture-related deterioration (Adegbite *et al.*, 2019; Ghosh and Ghosh, 2021). Yet in Nigeria, many buildings in flood-prone zones remain low-lying, without adequate design to withstand frequent

inundation. The adaptation of passive design strategies including roof overhangs, ventilated facades, and shaded windows can also reduce humidity penetration and thermal stress, further enhancing the life of concrete envelopes. If these approaches are combined with sustainable material use, a comprehensive resilience framework can emerge.

Localizing Global Lessons: Strategic Recommendations. This discussion affirms the value of adapting global best practices to local realities rather than adopting them wholesale. Several enabling factors must accompany this transition:

- **Capacity building** for engineers, contractors, and policymakers to understand and implement material innovations.
- **Incentive mechanisms** such as tax rebates or subsidies to offset initial costs of sustainable materials.
- **Policy reforms and updated building codes** to enforce resilience strategies, especially in public infrastructure projects.
- **Investment in research and local testing**, ensuring that materials like self-healing or geopolymer concrete are validated in Nigerian climatic conditions.

These strategic shifts are necessary for transitioning from reactive maintenance approaches to proactive, performance-based design in coastal infrastructure.

Contribution of Local Scholarship to Global Discourse

Recent Nigerian studies, including Ifiok (2025), emphasize the role of **bio-integrated materials** and **climate-conscious design** in addressing durability and performance issues in tropical regions. Ifiok's work in *international Journal of Spectrum Research in Environmental and Energy Studies* illustrates how biomimicry and environmentally responsive materials can support a regional adaptation strategy for concrete buildings. This reinforces the growing recognition of indigenous knowledge systems and local innovation in global sustainable construction discourse.

CONCLUSION

The deterioration of concrete structures in coastal South-South Nigeria is a growing concern due to persistent environmental challenges such as saltwater intrusion, high humidity, heavy rainfall, and temperature fluctuations. This study synthesized current global best practices and advanced material innovations, highlighting their relevance and applicability to the Nigerian context. The findings demonstrate that sustainable construction strategies including the use of high performance concrete (HPC), geopolymer concrete (GPC), self-healing concrete, and corrosion-resistant reinforcement—offer significant potential to improve structural durability and reduce maintenance costs in this vulnerable region. Comparative insights from the Netherlands, Japan, Florida (USA), and Australia reveal that climate-adaptive design principles, material innovations, and policy enforcement are central to achieving long-term resilience in concrete infrastructure. For South-South Nigeria, integrating elevated foundations, passive ventilation, protective coatings, and reinforced waterproofing can provide a robust *Défense* against environmental degradation. Moreover, the discussion reveals that while these materials and strategies are technically feasible, their adoption in Nigeria is limited by factors such as cost, awareness, policy gaps, and a lack of localized performance testing. Addressing these limitations through research, pilot projects, updated building codes, and professional training will be essential to driving sustainable transformation in the built environment.

In alignment with local research efforts such as Ifioke's (2024) contributions to sustainable and bio-integrated building practices—the study advocates for a paradigm shift from conventional construction approaches to performance-based and climate-responsive design. Embracing these innovations is not merely a technical imperative but also an economic and environmental necessity for building resilient, safe, and sustainable coastal cities in South-South Nigeria.

RECOMMENDATIONS

Based on the findings and global comparative analysis presented in this study, the following recommendations are proposed to enhance the resilience and durability of concrete structures in coastal South-South Nigeria:

Mainstream the Use of High-Performance Concrete (HPC) in Critical Infrastructure

Government agencies and private developers should prioritize HPC in the construction of bridges, highways, marine piers, and flood-control structures. Its superior resistance to chloride ingress and moisture penetration makes it ideal for coastal conditions (Mehta and Monteiro, 2021; Shi *et al.*, 2017).

Incorporate Self-Healing Concrete in Pilot Projects. Given its ability to autonomously repair cracks, self-healing concrete should be introduced through demonstration projects in high-maintenance zones such as sea walls and public buildings. The success of similar applications in the Netherlands (Jonkers, 2020) supports its viability in South-South Nigeria.

Promote Geopolymer Concrete (GPC) for Sustainable Construction. Geopolymer concrete, with its low-carbon footprint and high chemical resistance, should be adopted as an environmentally responsible alternative to Portland cement, particularly for marine and waterfront developments (Davidovits, 2017; Hardjito and Rangan, 2021).

Implement Corrosion-Resistant Reinforcement in Design Standards. Epoxy-coated rebars, FRP bars, and cathodic protection systems should be incorporated into revised structural design codes for buildings located within coastal zones. Such materials have demonstrated longevity and reduced maintenance in countries like Japan, Australia, and the UAE (Etuonovbe, 2019).

Revise Building Codes to Include Climate-Responsive Design Guidelines

The Nigerian building code should be updated to mandate elevated foundations in flood-prone areas, passive ventilation systems, and protective coatings that reduce moisture-related deterioration, in line with international best practices (Ghosh and Ghosh, 2021; Adegbite *et al.*, 2019).

Encourage Precast Concrete Methods. Precast construction should be promoted for coastal projects due to its quality control, reduced exposure to weather during curing, and minimized material wastage. This approach can enhance structural consistency and project efficiency.

Strengthen Research-Industry-Government Collaboration. The government, universities, and construction industry must collaborate to fund localized research on innovative materials like HPC and GPC under real coastal exposure conditions. Mfon's (2025) study on bio-integrated materials emphasizes the importance of contextualized research in advancing sustainable practices.

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